



Broken Heart on Hold: Surviving Separation

By Linda Rooks

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A woman who is separated needs a friend to walk beside her on her difficult journey.

Broken Heart on Hold is that friend, one that will uplift, encourage, and hold her up while offering practical insights and pointing her to God. It is a book of hope. Because it is written by a woman who has gone through the trauma of a separation and the eventual healing of her own marriage, the reader will know she is not alone.

This collection of honest, heartfelt messages reaches down into the valleys of a woman's loneliness, travels with her through her mental labyrinths, and sheds light in the dark tunnels where answers seem nonexistent. It provides the emotional and spiritual strength to help a woman sort through her confusion.

While winding her way through the maze of her emotions, she will realize there is hope as she hangs on to God and trusts him for the outcome. *Broken Heart on Hold* is a book she will return to again and again.

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Editorial Review

About the Author

In the '90s after more than twenty years of marriage, Linda W. Rooks and her husband Marv suffered through a painful three-year separation. But, unlike many couples, their story had a happy ending. They reunited in 1998 with a stronger marriage than before.

Because they have experienced the pain of a severe marital trauma but also found the hope of restoration, they are eager to share that hope with others. Having the correct formula is not enough. A person in marital crisis needs emotional and spiritual strength to get to the other side. In *Broken Heart on Hold, Surviving Separation*, Linda shares from her heart and her experience to help those in marital trauma find relief. She is there to walk beside the reader to shed light in the dark tunnel of marital breakdown.

As a freelance writer with a degree in Creative Writing from San Francisco State University, Linda has had more than 70 pieces of her writing published in national and local publications, including *Chicken Soup for the Soul*. She is listed in *Who's Who in America*, *Who's Who of American Women*, and *Who's Who in the World* and was featured in *Today's Christian Woman*.

Linda and Marv have two married daughters and five young grandchildren. Today some of their most treasured moments involve spending time with their grandchildren--together.

To read and/or subscribe to Linda's blog, go to lindarooks.com. For more resources to help your marriage, visit brokenheartonhold.com

Users Review

From reader reviews:

Lavelle Hildreth:

Do you have something that you want such as book? The book lovers usually prefer to decide on book like comic, brief story and the biggest you are novel. Now, why not striving *Broken Heart on Hold: Surviving Separation* that give your pleasure preference will be satisfied by means of reading this book. Reading routine all over the world can be said as the opportunity for people to know world far better then how they react towards the world. It can't be explained constantly that reading addiction only for the geeky particular person but for all of you who wants to end up being success person. So , for all of you who want to start looking at as your good habit, it is possible to pick *Broken Heart on Hold: Surviving Separation* become your own starter.

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Clara Williams:

That book can make you to feel relax. That book Broken Heart on Hold: Surviving Separation was vibrant and of course has pictures on there. As we know that book Broken Heart on Hold: Surviving Separation has many kinds or style. Start from kids until young adults. For example Naruto or Detective Conan you can read and think that you are the character on there. Therefore not at all of book usually are make you bored, any it offers you feel happy, fun and loosen up. Try to choose the best book to suit your needs and try to like reading that.

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