



# Essential Endocrinology and Diabetes, Includes Desktop Edition

By Richard I. G. Holt, Neil A. Hanley

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**Essential Endocrinology and Diabetes, Includes Desktop Edition** By Richard I. G. Holt, Neil A. Hanley

Beautifully presented, and now in full colour, the sixth edition of *Essential Endocrinology and Diabetes* is fully up-to-date with the latest knowledge and concepts on the workings of the endocrine system. It explains the key principles of endocrine physiology in an easy reading style popular with students, clinicians and scientists. The invaluable background on basic science and investigation, including new molecular techniques, provides the foundation for detailed discussion of the diagnosis and management of clinical endocrine disorders and diabetes.

The teaching style and presentation has been strengthened throughout, and includes learning objectives and “recap” links at the beginning of each chapter that remind the reader of key findings and principles, while cross-referencing makes it easy to locate related information quickly and efficiently. There are also more case studies, with detailed answers applying theory to practice.

*Essential Endocrinology and Diabetes* is the perfect resource for a course on endocrinology and diabetes, as part of USMLE teaching, and an on-going companion during postgraduate clinical and scientific study. It is accompanied by a FREE enhanced Wiley Desktop Edition - the interactive, digital version of the book - featuring downloadable text and images, highlighting and note taking facilities, book-marking, cross-referencing, in-text searching, and linking to references and glossary terms.

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## **Essential Endocrinology and Diabetes, Includes Desktop Edition** By Richard I. G. Holt, Neil A. Hanley **Bibliography**

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## Editorial Review

### Review

"*Essential Endocrinology* has been a brilliant book for my general medicine placement. It is concise and well-illustrated, and its handy size means it is not a hassle to carry it when away in regional hospitals. The case histories have been a particularly useful feature of the book to test my understanding of endocrinology in a clinically relevant manner. I feel the content of the book is pitched perfectly for medical students.

Recently I have had to teach the topics of adrenal and thyroid hormones and the clinical applications to preclinical students. This book has been particularly useful during preparation, as it dedicates 2 chapters specifically to them. It covers the physiology in good detail without being excessive. Perhaps in a future edition, there could be a page or two in each chapter dedicated to the relevant histology since this is something that would be relevant to preclinical students and the book is recommended as the core text for second year med students studying endocrinology at Cambridge." **(Medical student supervisor, Cambridge University)**

"I love this book, it is everything I am currently looking for as a 5th year about to sit finals, and I will be reading every chapter in preparation." **(Final year medical student, University of Glasgow)**

"I am very impressed at the ease with which I am reading some of the hardest material – especially the molecular basis of endocrinology" **(Psychiatry Resident, University of Cincinnati)**

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### About the Author

**Richard Holt** is Professor in Diabetes and Endocrinology at the University of Southampton School of Medicine and Honorary Consultant in Endocrinology at Southampton University Hospitals NHS Trust. He is

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