



The Book of Stones: Who They Are and What They Teach

By Robert Simmons, Naisha Ahsian

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The Book of Stones is a new edition of the best-selling guide to some of Earth's most beautiful natural objects. Two introductory chapters detail the authors' theories about how to work with crystals and stones—including the concept of crystal resonance and the scientific observation that living organisms (such as ourselves) are liquid crystalline structures. An illuminating alphabetical journey through the mineral kingdom, stone by stone, follows.

Each entry begins with the stone name and photo, plus its elemental and chakra correspondences, as well as keywords that indicate its properties. Next comes a description of the crystal structure, hardness, history, and known locations of each mineral, plus any relevant legend or lore from the past. Each author then offers an essay on the subtle energy properties and spiritual applications of the stone. The entries conclude with summaries of the spiritual, emotional, and physical healing qualities of the stone, and an affirmation for evoking its potential benefits. The book's presentation is straightforward enough to make it an excellent introduction for beginners, yet the level of detail and the depth of research make it an invaluable resource for the most experienced stone practitioners.

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Editorial Review

Review

"*The Book of Stones* is filled with information and with beauty!"

—Melody, author of *Love Is in the Earth*

"Each description is an intimate conversation between the Wisdom of the Stones and the deep soul Wisdom of these two authors."

—Robert Sardello, PhD, author of *Love and the World* and *Silence*

"This beautiful and unusual work opened a new and unknown world to me, right under my feet—a realm of qualities and possibilities of which I had known nothing and for which I am the richer."

—Joseph Chilton Pearce, author of *The Crack in the Cosmic Egg*, *The Biology of Transcendence*, and *The Death of Religion and the Rebirth of the Spirit*

"*The Book of Stones* has elevated the spiritual knowledge of crystals into a higher form. The classification of each stone is impeccable, along with wonderful photos—creating an intimate connection with a wide variety of minerals. This book offers us all an opportunity to sharpen our skills and renew our interest in the crystal healing world."

—JaneAnn Dow, author of *Crystal Journey: Travel Guide for the New Shaman*

"Quite easily the most comprehensively written and beautifully photographed book on the subject that I've come across. If you own only one reference book on stones and crystals, make sure that this gem is the one."

—Dr. Eric Pearl, author of the international bestseller *The Reconnection: Heal Others, Heal Yourself*

"*The Book of Stones* takes the reader on a fascinating journey. The writing is clear, thoughtful, and easily understood, and the inclusion of scientific data, history, and folklore helps make the book a valuable resource for all those interested in the mineral kingdom."

—Thom Hartmann, author of *The Prophet's Way* and *The Last Hours of Ancient Sunlight*

"*The Book of Stones: Who They Are and What They Teach* by Robert Simmons and Naisha Ahsian explains the physical and metaphysical properties of crystals, minerals and gemstones."

—*Publishers Weekly*

About the Author

Robert Simmons is the founder of Heaven and Earth, a company offering more than 2,000 gem and jewelry items for self-healing and spiritual and emotional development. Together with his wife Kathy Warner, he is the founder and sponsor of The Crystal Conference, an annual four-day teaching event in which the best-known crystal authors and teachers come together to offer intensive workshops to stone enthusiasts from all over the world.

Naisha Ahsian is an author, teacher, and healer with an international practice. She is the creator of the Crystal Resonance Therapy and Primus Activation Healing Technique spiritual healing modalities. Director of the Crystals Institute for Personal and Planetary Evolution, an educational organization offering training and certification for healers worldwide.

Hazel Raven, former Vice Chairman of ACHO (Affiliation of Crystal Healing Organisations), has been teaching professional crystal programs since 1990. An international writer, lecturer, and therapist, she is a teacher and practitioner member of the BFVEA (British Flower and Vibrational Essence Association).

Users Review

From reader reviews:

James Stewart:

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David Kane:

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