



Storm in a C Cup: My Autobiography

By Caroline Flack

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Storm in a C Cup: My Autobiography By Caroline Flack

In December 2014 Caroline Flack danced her way into the nation's hearts when she raised the BBC's coveted Strictly Come Dancing Glitterball. Known for her throaty laugh, edgy humour and quick-fire wit, showcased on some of Britain's most popular spin-off shows, 2015 saw her thrust into the mainstream, hosting ITV's flagship talent show, The X Factor, with Olly Murs.

In *Storm in a C Cup*, Caroline reveals the laughter and pain behind the TV persona, from a sheltered Norfolk childhood shared with her twin sister, through her madcap student days, to the challenging career ladder leading to eventual TV success, not forgetting its dark shadow, when intrusive media attention turned the dream into a nightmare. She takes us behind the cameras at some of TV's most successful reality shows, including the tensions, stresses and unlikely friendships of the three-month adventure that was Strictly. Caroline wears her heart on her sleeve, documenting her joys and heartbreaks with the humour, resilience and unflinching emotional honesty that have made her of one of television's most popular celebrities working in television today.

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Editorial Review

About the Author

CAROLINE FLACK grew up in rural Norfolk. After leaving the local comprehensive at sixteen, she attended stage school in Cambridge before moving to London to pursue a career in television.

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Robin Boucher:

Hey guys, do you wishes to finds a new book to see? May be the book with the headline Storm in a C Cup: My Autobiography suitable to you? The actual book was written by famous writer in this era. The actual book untitled Storm in a C Cup: My Autobiography is the main one of several books which everyone read now. This kind of book was inspired a lot of people in the world. When you read this e-book you will enter the new age that you ever know prior to. The author explained their idea in the simple way, therefore all of people can easily to comprehend the core of this reserve. This book will give you a wide range of information about this world now. So that you can see the represented of the world on this book.

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