



Cognitive Rehabilitation: An Integrative Neuropsychological Approach

By McKay Moore Sohlberg, Catherine A. Mateer

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Sohlberg and Mateer's landmark introductory text helped put cognitive rehabilitation on the map for a generation of clinicians, researchers, educators, and students. Now, more than a decade later, the discipline has come of age. This new volume provides a comprehensive overview of this fast-evolving field. More than a revised edition, the text reflects the dramatic impact of recent advances in neuroscience and computer technology, coupled with changes in service delivery models. The authors describe a broad range of clinical interventions for assisting persons with acquired cognitive impairments--including deficits in attention, memory, executive functions, and communication--and for managing associated emotional and behavioral issues. For each approach, theoretical underpinnings are reviewed in depth and clinical protocols delineated. Difficult concepts are explained in a clear, straightforward fashion, with realistic case examples bringing the material to life. Also included are samples of relevant assessment instruments, rating scales, and patient handouts. Throughout, the new volume emphasizes the need to work from a community perspective, providing a framework for forming collaborative partnerships with families and caregivers. It is an essential resource for professionals across a wide variety of rehabilitation specialties, and will serve as a text in courses on rehabilitation methods and neurogenic disorders.

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Editorial Review

Review

"This book is precise, well organized, and easy to follow. It covers the main topics of concern to clinicians and families, and the sequence is logical and clear. Sohlberg and Mateer have a real gift for explaining difficult concepts in ways that make them seem completely understandable and sensible. In addition to these strengths, the book's balanced perspective and solid theoretical grounding really make it stand out among others in this area." --Jill Winegardner, PhD, Neuropsychology Consultant, Dominican Hospital, Santa Cruz, California

"Like the authors' original seminal text, this volume provides a systematic, practical framework that is clearly referenced to contemporary theory and research. In addition to up-to-date information on cognitive rehabilitation, the volume is enhanced by chapters on behavioral and emotional disorders, the special needs of children, and mild brain injury. In all areas, current best practices are described and accompanied by an extensive array of worksheets, assessment and monitoring tools, and other useful supporting materials. Sohlberg and Mateer have once again produced the premier text in the area. It belongs within arm's reach of any professional or student in disciplines providing post-acute brain injury rehabilitation services." --James F. Malec, PhD, Professor and Director of NIDRR Traumatic Brain Injury Model System, Mayo Clinic and Foundation

"This is probably the best book on neurobehavioral remediation on the market. It is grounded in the neuro- and cognitive sciences while based on the authors' extensive rehabilitation experiences. The science is sound; the methodology is practical, effective, and respectful of the patient's dignity and well-being; and the coverage of conditions and issues is comprehensive and up to date. Students and practitioners alike will profit from the knowledge, technical advice, and practical admonitions these experienced and insightful clinicians provide." --Muriel D. Lezak, PhD, Department of Neurology, School of Medicine, Oregon Health Sciences University

About the Author

McKay Moore Sohlberg, PhD, is a nationally recognized leader in the field of traumatic brain injury rehabilitation. For the past 16 years she has worked as a clinician, researcher, and administrator in the development of programs to assist individuals with brain injury to reintegrate into the community at maximal levels of independence. She has published numerous articles, chapters, and manuals on managing cognitive impairments following neurogenic insult. Dr. Sohlberg is currently an associate professor in the Communication Disorders and Sciences program at the University of Oregon.

Catherine A. Mateer, PhD, is a board-certified clinical neuropsychologist with an extensive background in clinical assessment, clinical intervention, and both basic and applied research. She has published over 75 articles and book chapters and two previous books relating to brain organization for language, memory, and praxis, as well as to the assessment and management of acquired disorders of attention, memory, and executive functions. Dr. Mateer is widely known for her pioneering work in the rehabilitation of individuals who have sustained traumatic brain injury. She is currently a professor in the Department of Psychology and the Director of the Graduate Program in Clinical Psychology at the University of Victoria in British Columbia, Canada.

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