



Creative Family Therapy Techniques: Play, Art, and Expressive Activities to Engage Children in Family Sessions

By Liana Lowenstein

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Bringing together an array of highly creative contributors, this comprehensive resource presents a unique collection of assessment and treatment techniques. Contributors illustrate how play, art, drama, and other approaches can effectively engage families and help them resolve complex problems. Practitioners from divergent theoretical orientations, work settings, or client specializations will find a plethora of stimulating and useable clinical interventions in this book.

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Editorial Review

Review

Engaging children in the therapy process is often one of the most challenging tasks of the family therapist. Liana Lowenstein has edited a wonderful compendium of helpful family therapy interventions, activities, and techniques for use with children. Drawn from the experiences of in-the-trenches therapists, and unlike most books on family therapy, this book will be immediately useful for all levels of practicing family therapists. --
--Terry S. Trepper, PhD, Professor of Psychology, Purdue University Calumet, Editor, Journal of Family Psychotherapy

This comprehensive collection contains a wealth of innovative ideas for involving children in family therapy sessions. The techniques are easy to understand and readily implemented in a variety of settings. The interventions are classified into sections so therapists can easily select and apply them. A valuable resource for mental health professionals who work with families. ----Charles E. Schaefer, PhD, RPT-S, Professor Emeritus of Psychology, Fairleigh Dickinson University, Teaneck, NJ, Co-Editor, Family Play Therapy

Lowenstein's book is an exceptional tool for both the experienced family therapist as well as the newly licensed practitioner. A clear and concise introduction to family therapy precedes dozens of creative family therapy techniques thoroughly described by some of the most seasoned family therapists. This resource should be an essential part of every practitioner's library. ----Gregory K. Moffatt, PhD Psychologist, Atlanta, GA, Author, A Violent Heart

Users Review

From reader reviews:

Theo Garcia:

This book untitled Creative Family Therapy Techniques: Play, Art, and Expressive Activities to Engage Children in Family Sessions to be one of several books which best seller in this year, this is because when you read this book you can get a lot of benefit in it. You will easily to buy this specific book in the book shop or you can order it by way of online. The publisher in this book sells the e-book too. It makes you easier to read this book, since you can read this book in your Cell phone. So there is no reason to your account to past this e-book from your list.

Linda Henderson:

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mind will probably be pleased when you are finished reading it, like winning a sport. Do you want to try this extraordinary shelling out spare time activity?

John Silver:

That publication can make you to feel relax. This kind of book Creative Family Therapy Techniques: Play, Art, and Expressive Activities to Engage Children in Family Sessions was colourful and of course has pictures around. As we know that book Creative Family Therapy Techniques: Play, Art, and Expressive Activities to Engage Children in Family Sessions has many kinds or genre. Start from kids until young adults. For example Naruto or Investigation company Conan you can read and think that you are the character on there. So , not at all of book tend to be make you bored, any it can make you feel happy, fun and chill out. Try to choose the best book for you personally and try to like reading which.

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