



Forgiveness: Theory, Research, and Practice

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Bringing together a distinguished array of researchers and scholars, this volume reviews the breadth of current knowledge on the psychology of forgiveness. In addition to presenting cutting-edge theory and research, the book outlines crucial issues that must be addressed to advance the state of the science in years to come. The first section provides a historical and conceptual overview, examining definitional problems and giving special attention to religious and cultural influences on how forgiveness is understood and experienced. The biological, developmental, social, and personality foundations of forgiveness are then explored. The final section covers applications in clinical research and practice, including guidelines for studying and applying forgiveness-based strategies in psychotherapy, counseling, and interventions to promote health. This volume will be of interest to a broad interdisciplinary audience of researchers, educators, students, and practicing professionals.

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Editorial Review

Review

"After decades of neglect, forgiveness has emerged as a 'hot topic' in psychology, with exciting new developments on many fronts. *Forgiveness: Theory, Research, and Practice* provides a state-of-the-art compendium of what we know about forgiveness as we enter the new millennium. Scholarly and eminently readable, this book should be of broad interest to theologians and anyone else concerned with the painful consequences of non-forgiveness--estrangement, divorce, racial conflict, and international war, to name just a few." --June Tangney, PhD, George Mason University

"This is a volume of impressive scope and scholarship. The chapters are clear and authoritative, and together they adopt a range of perspectives--historical, religious, interpersonal, spiritual, cultural, and clinical, to name but a few--that provide readers with a glimpse of how complex and fascinating the topic of forgiveness can be. McCullough, Pargament, and Thoresen have produced an immensely satisfying book that lays the foundation for a new interdisciplinary field of inquiry. Consequently, this book is an ideal point of departure for anyone seeking an introduction to contemporary research and thinking on forgiveness, and an ideal reference for those seeking a comprehensive analysis of this domain." --Thomas Bradbury, PhD, Department of Psychology, University of California, Los Angeles

"Forgiveness has the potential for being one of the key issues of the 21st century. If you want the most up-to-date, thorough, and scholarly treatment of this important topic, then this volume is for you. A multifaceted gem, the book sends beams of insight in every direction. Readers across a range of psychological disciplines not only will gain an understanding of forgiveness, they will also find a wealth of ideas to stimulate their own thinking and research." --C. R. Snyder, PhD, Professor and Director, Clinical Psychology Program, University of Kansas

About the Author

Michael E. McCullough, PhD, is Director of Research at the National Institute for Healthcare Research in Rockville, Maryland. The author or coauthor of two previous books, Dr. McCullough investigates forgiveness, the association of religion and spirituality with physical and mental health, and the influence of religion and spirituality on counseling, psychotherapy, and care at the end of life. Kenneth I. Pargament, PhD, is Professor of Psychology at Bowling Green State University, where he is also Director of Clinical Training of the clinical psychology PhD program. He has published extensively in the psychology of religion, stress, and coping, and is the author of *The Psychology of Religion and Coping*. Carl E. Thoresen, PhD, is Professor of Education, Psychology, and Psychiatry/Behavioral Sciences at Stanford University. His research interests involve assessment and management of the Type A behavior pattern, greater methodological diversity in behavioral health/medicine research, and the role of spiritual and religious factors in health, broadly defined. He is the author of 7 books and over 150 articles and book chapters.

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Users Review

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Mary Gale:

This Forgiveness: Theory, Research, and Practice book is absolutely not ordinary book, you have it then the world is in your hands. The benefit you get by reading this book is information inside this reserve incredible fresh, you will get details which is getting deeper you actually read a lot of information you will get. This Forgiveness: Theory, Research, and Practice without we understand teach the one who examining it become critical in pondering and analyzing. Don't become worry Forgiveness: Theory, Research, and Practice can bring when you are and not make your bag space or bookshelves' come to be full because you can have it with your lovely laptop even telephone. This Forgiveness: Theory, Research, and Practice having fine arrangement in word along with layout, so you will not feel uninterested in reading.

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Marcella Baird:

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