



Parkinson's Lite: the Laughable Side

By Marie Tomas Macioce

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Parkinson's Lite: the Laughable Side By Marie Tomas Macioce

Parkinson's Lite is a non-fiction funny book about a not-so-funny disease. It brings to light Marie and Pat, a married couple, who in an attempt to cope with Parkinson's, wind up switching roles. Pat, the retired cop accustomed to great Italian meals and lots of pampering to being the caretaker, maid, dog walker, and cook. The latter which he compares to an acute case of Shingles. We watch Marie slowly leave her independent self behind and become totally dependent on her exhausted, stressed out hubby, Pat. The story is real. The characters are real. The volatile, laugh-out-loud situations that arise are real. For instant: Arguing while he's helping her buck-naked body out of the tub. Fighting over an egg roll. Pat, never saying the right thing to assuage their arguments. It's inspirational as well, showing Marie's amazing progress and giving hope and lots of rainbows to those who suffer from Parkinson's and other debilitating diseases.

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Editorial Review

Review

Star Rating: 5 / 5

Macioce's little memoir, *Parkinson's Lite*, is a quick and enlightening read. It is the story of one woman's coming to terms with having a chronic illness and learning to find humor even in the darkest of times. She first goes to the doctor for a cluster of symptoms she was at a loss to explain. Her first doctor gave the diagnosis of Parkinson's. Unwilling to accept that, she goes on to get several second opinions, ranging from Lyme disease to internal imbalances and back to Parkinson's.

With wry humor, Macioce bares her psyche to us. It can be very hard for people to talk about their own failings. She is stubborn, refusing to accept the diagnosis. She is a constant worrier, prone to making mountains of mole-hills and quick to assume the worst. Her journey with Parkinson's showed her that being fretful and pessimistic was emotionally draining. Being more optimistic and learning to laugh at oneself and conditions one cannot change made living with this chronic illness much easier.

As someone suffering from a chronic illness of my own, I can appreciate these lessons. I would highly recommend this book to anyone in similar circumstances as a valuable lesson that it is possible to thrive and be happy.

J. Aislynn d'Merricksson, Manhattan Book Review

About the Author

Marie is a columnist, humorist, novelist and screenwriter. She began her writing career working for local Brooklyn newspapers, *Courier Life* and *Brooklyn Graphic*. She was later syndicated by the United Features Syndicate, where she irreverently wrote tongue-in-cheek columns dubbed "The Brooklyn Bombeck." She and her husband, Patrick, a retired police officer, reside in Brooklyn, New York. They are the proprietors of an "on-line" wicker and jewelry business. In their leisure, they enjoy antiquing and car shows.

Users Review

From reader reviews:

Robert Crumrine:

In this 21st century, people become competitive in each way. By being competitive currently, people have do something to make these survives, being in the middle of the particular crowded place and notice by simply surrounding. One thing that at times many people have underestimated it for a while is reading. Yep, by reading a publication your ability to survive boost then having chance to stand up than other is high. For you personally who want to start reading a new book, we give you this *Parkinson's Lite: the Laughable Side* book as beginner and daily reading guide. Why, because this book is greater than just a book.

Barbara Jones:

The book *Parkinson's Lite: the Laughable Side* will bring that you the new experience of reading a new

book. The author style to explain the idea is very unique. If you try to find new book to learn, this book very ideal to you. The book Parkinson's Lite: the Laughable Side is much recommended to you to learn. You can also get the e-book from your official web site, so you can more readily to read the book.

Alfred Leahy:

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Cathy Lantz:

A lot of people always spent their particular free time to vacation or go to the outside with them family or their friend. Did you know? Many a lot of people spent they free time just watching TV, or maybe playing video games all day long. If you wish to try to find a new activity that is look different you can read the book. It is really fun to suit your needs. If you enjoy the book that you read you can spent the whole day to reading a e-book. The book Parkinson's Lite: the Laughable Side it is very good to read. There are a lot of folks that recommended this book. These people were enjoying reading this book. When you did not have enough space bringing this book you can buy often the e-book. You can m0ore simply to read this book from your smart phone. The price is not to fund but this book has high quality.

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