



Staying Close: Stopping the Natural Drift Toward Isolation in Marriage

By Dennis Rainey

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Countless married couples end up living alone – in the same house. Over twenty-eight years of conducting "Weekend to Remember" conferences have convinced Dennis and Barbara Rainey that isolation is the number-one problem in marriages today. But they believe it's possible to overcome "marital drift" and experience the miracle of oneness. This book provides a positive, workable strategy for keeping your marriage vital and intimate. Included are proven principles and hands-on exercises to help you:

- understand the personal and cultural forces that isolate you from your spouse
- manage your schedules, workloads, roles, and responsibilities without losing sight of each other
- allow for (and enjoy) individual differences while maintaining unity
- build an atmosphere of cooperation by meeting each other more than halfway
- "affair-proof" your relationship (or heal it after the fact)
- grow closer during hard times instead of letting your troubles pull you apart
- create a "safe" atmosphere for transparent communication
- discover the secrets of a mutually rewarding sex life
- leave a legacy of love and unity to your family and friends

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Editorial Review

About the Author

Dennis Rainey is the executive director and co-founder of FamilyLife and co-hosts the radio program, FamilyLife Today. He is senior editor of the HomeBuilders Couples Series, which has sold more than 1 million copies worldwide, and author of Parenting Today's Adolescent and The Tribute.

Users Review

From reader reviews:

Mary Ayala:

Spent a free the perfect time to be fun activity to try and do! A lot of people spent their sparetime with their family, or their particular friends. Usually they doing activity like watching television, going to beach, or picnic in the park. They actually doing ditto every week. Do you feel it? Would you like to something different to fill your personal free time/ holiday? Could be reading a book might be option to fill your no cost time/ holiday. The first thing that you ask may be what kinds of e-book that you should read. If you want to test look for book, may be the book untitled Staying Close: Stopping the Natural Drift Toward Isolation in Marriage can be good book to read. May be it might be best activity to you.

Alma Bulger:

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Paul Douglas:

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Jennifer Nava:

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