



## Witch in the Kitchen: Magical Cooking for All Seasons

By Cait Johnson

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### Witch in the Kitchen: Magical Cooking for All Seasons By Cait Johnson

A book of recipes, spells, and rituals for celebrating our connection to the Earth and her seasons.

- Redesigned to focus on all eight pagan holidays.
- Includes new spells, rituals, and meditations, as well as 80 vegetarian recipes.
- Written by practicing witch Cait Johnson, coauthor of *Celebrating the Great Mother* (12,000 copies sold).

The beliefs of Wicca are rooted firmly in the earth--in the gradual circling of her seasons and the bounty and blessings she provides. In *Witch in the Kitchen: Magical Cooking for All Seasons*, practicing witch Cait Johnson celebrates the sacred in each season with more than 80 soul-satisfying and appetizing recipes. In engaging and inviting prose, the author provides rituals, spells, and meditations for the eight pagan holidays, inspirations for creating a kitchen altar, and ways to prepare for each season. She offers ideas for decorating your kitchen with objects of power and magic--eggs symbolizing fertility in spring, dried orange slices as reminders of the sun in mid-winter--to align our bodies, spirits, and senses to the pace and mood of the Earth's changes. Above all are the recipes for delicious, sensuous salads, soups, main dishes, and desserts made from ingredients in tune with the Earth's seasonal gifts. Serve Stuffed Acorn Squash and Fig-Apple Crumble at a Samhain gathering; celebrate Winter Solstice with Pomander Salad and Savory Yuletide Pie; welcome Imbolc with Sprouted Spring Salad and Magic Isle Pasties; or share the harvest at Lughnasad with Spicy Stir-Fried Greens and Sunny Peach Pie. With its recipes, rituals, and reminders of our ancient connections to the seasons, *Witch in the Kitchen* invites you to honor yourself and the Earth and delight in the magic that comes from sharing good food with good company.



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## Witch in the Kitchen: Magical Cooking for All Seasons By Cait Johnson Bibliography

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### Editorial Review

#### Review

"With a rich and nourishing mix of recipes, rituals, meditations, poetry, and down-home passion for the earth, Cait Johnson welcomes us into the Great Archetypal Kitchen and invites us to make it our own. Here we cook and dream, make love and feast. Here, at last, we are encouraged to play--and pray--with our food." (*Elizabeth Cunningham, author of The Return of the Goddess: A Divine Comedy*)

"Our culture may well have lost the spiritual connection with food and cooking. *Cooking Like a Goddess* reconnects us with the 'Goddess Way' of our ancestors - a way of life in which food is a gift from the body of our sacred Mother Earth. Food again becomes something holy." (*Hearth Fire*)

"The subtlety of this book is exactly what it's all about. After reading it, no one will ever look at food preparation the same way again. The writing itself is poetic, magical and personally inspiring. The rituals and meditations suggested will give you a grateful appreciation and conscious awareness of kitchen magic." (*The Beltane Papers*)

"*Cooking Like a Goddess* is a vegetarian cookbook, and much, much more. This is a text for sacred living. . . . Overflowing with treasures. Highly recommended." (*SageWoman, 1997*)

"More than just a cookbook, Johnson has created a primer on how to work with food and kitchen energy in a holistic spiritually satisfying way. She starts with a 35-page ode to the magic of the kitchen altars, cleaning, even how to make a kitchen goddess apron. And then she gets right down to it--the recipes. Organized by season, her year (like the Witches' Year) starts in Autumn. Each season contains meditations, ideas for ritual, decorations, as well as the luscious recipes. First-rate, through and through, with the gentle touch of a truly gifted priestess--and a talented cook. Recommended." (*Anne Newkirk Niven, SageWoman, Winter '00 - '01*)

"A magical tome that explores cooking as a nourishing spiritual practice." (*PJ Birosik, Nexus, July/August 2002*)

"In her latest book, author Cait Johnson shows us how to reclaim our kitchens and reconnect with our ancestors. . . . I highly recommend it." (*Ayden Delacroix, In the Library Reviews, Dec 2005*)

"... these are vegetarian and vegan recipes, and thus may seem to be restricted in their appeal - Wrong! Even for those of us who are omnivorous, the appearance of a new side dish can enhance our dining experience. Then, there are the recipes for the beverages (both alcoholic and non-alcoholic) which also appear within the covers of this book. There absolutely is something for everyone here." (*Michael Gleason, Independent Reviewer, August 2011*)

#### From the Back Cover

#### WICCA / COOKING

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In engaging and inviting prose, the author provides rituals, spells, and meditations for the eight pagan holidays, inspirations for creating a kitchen altar, and ways to prepare for each season. She offers ideas for decorating your kitchen with objects of power and magic--eggs symbolizing fertility in spring, dried orange slices as reminders of the sun in midwinter--to align our bodies, spirits, and senses to the pace and mood of Earth's changes. Above all are the recipes for delicious, sensuous salads, soups, main dishes, and desserts made from ingredients in tune with Earth's seasonal gifts. Serve Stuffed Acorn Squash and Fig-Apple Crumble at a Samhain gathering; celebrate Winter Solstice with Pomander Salad and Savory Yuletide Pie; welcome Imbolc with Sprouted Spring Salad and Magic Isle Pasties; or share the harvest at Lughnasad with Spicy Stir-Fried Greens and Sunny Peach Pie. With its recipes, rituals, and reminders of our ancient connections to the seasons, *Witch in the Kitchen* invites you to honor yourself and the Earth and delight in the magic that comes from sharing good food with good company.

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#### About the Author

Cait Johnson, an artist and writer who leads workshops on tarot, dreaming, and ritual-making, is coauthor of *Celebrating the Great Mother*. She lives with her family in New York's Hudson Valley.

## Users Review

### From reader reviews:

#### Evelyn Blow:

The book *Witch in the Kitchen: Magical Cooking for All Seasons* give you a sense of feeling enjoy for your spare time. You should use to make your capable far more increase. Book can to become your best friend when you getting strain or having big problem along with your subject. If you can make looking at a book *Witch in the Kitchen: Magical Cooking for All Seasons* to be your habit, you can get far more advantages, like add your capable, increase your knowledge about a number of or all subjects. You can know everything if you like wide open and read a book *Witch in the Kitchen: Magical Cooking for All Seasons*. Kinds of book are a lot of. It means that, science book or encyclopedia or other folks. So , how do you think about this book?

#### Paul Hardy:

A lot of people always spent all their free time to vacation or perhaps go to the outside with them household or their friend. Do you realize? Many a lot of people spent many people free time just watching TV, as well as playing video games all day long. If you want to try to find a new activity that is look different you can read any book. It is really fun for yourself. If you enjoy the book that you read you can spent the whole day to reading a e-book. The book *Witch in the Kitchen: Magical Cooking for All Seasons* it is rather good to read. There are a lot of folks that recommended this book. We were holding enjoying reading this book. In case you did not have enough space to create this book you can buy the particular e-book. You can m0ore quickly to read this book out of your smart phone. The price is not very costly but this book features high quality.

**John Casteel:**

This Witch in the Kitchen: Magical Cooking for All Seasons is brand new way for you who has attention to look for some information mainly because it relief your hunger details. Getting deeper you into it getting knowledge more you know or perhaps you who still having little digest in reading this Witch in the Kitchen: Magical Cooking for All Seasons can be the light food to suit your needs because the information inside this kind of book is easy to get simply by anyone. These books build itself in the form that is certainly reachable by anyone, yeah I mean in the e-book application form. People who think that in reserve form make them feel drowsy even dizzy this e-book is the answer. So there is not any in reading a reserve especially this one. You can find what you are looking for. It should be here for anyone. So , don't miss the idea! Just read this e-book style for your better life along with knowledge.

**Lisa Martin:**

Some individuals said that they feel uninterested when they reading a book. They are directly felt it when they get a half elements of the book. You can choose the book Witch in the Kitchen: Magical Cooking for All Seasons to make your current reading is interesting. Your personal skill of reading skill is developing when you including reading. Try to choose straightforward book to make you enjoy to read it and mingle the opinion about book and reading especially. It is to be very first opinion for you to like to open up a book and read it. Beside that the e-book Witch in the Kitchen: Magical Cooking for All Seasons can to be your new friend when you're sense alone and confuse using what must you're doing of these time.

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