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By Michael Neill

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In his bestseller *You Can Have What You Want*, Neuro-Linguistic Programming (NLP) master trainer Michael Neill revealed the practical benefits of cultivating inner happiness for creating tangible real-world success.

Now he reveals the “how” of happiness—simple, effective ways to beat stress, overcome anxiety, move beyond depression, and reap the rewards of feeling happy in spite of it all.

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Editorial Review

Review

"Michael Neill is the finest success coach in the world today' Paul McKenna"

About the Author

Michael Neill is an internationally renowned success coach and media commentator. He is also a licensed master trainer of Neuro-Linguistic Programming (NLP) and the bestselling author of *You Can Have What You Want*.

His weekly coaching column is syndicated in newspapers and magazines worldwide and he hosts a weekly talk show on **HayHouseRadio.com**.

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