



Opening Up: A Guide to Creating and Sustaining Open Relationships

By Tristan Taormino

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Relationship expert and bestselling author Tristan Taormino offers a bold new strategy for creating loving, lasting relationships. Drawing on in-depth interviews with over a hundred women and men, *Opening Up* explores the real-life benefits and challenges of all styles of open relationships ? from partnered non-monogamy to solo polyamory. With her refreshingly down-to-earth style and sharp wit, Taormino offers solutions for making an open relationship work, including tips on dealing with jealousy, negotiating boundaries, finding community, parenting and time management. *Opening Up* will change the way you think about intimacy.

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Editorial Review

Review

"A luscious smorgasbord of non-monogamy as an opportunity for breaking free of one-way models of sex and love. Taormino's discussion is remarkably nuanced and balanced--and encourages readers to proceed with their eyes wide open." -- **Jack Morin**, PhD, author of *The Erotic Mind*

"Bold advice for explorers of open relationships. Comprehensive, clear, and grounded in practical realities, this book is one of the best to come along in a long time!" -- **Deborah Anapol**, Ph.D., author of *Polyamory: The New Love Without Limits*

"Courageous, stunningly thorough and inspiring. If you need a pathfinding guide for evolving your relationships, this is it." -- **Daphne Rose Kingma**, author of *The Future of Love*

"If you are looking for an everyday, run-of-the-mill relationship guide, this introduction to the world of nonmonogamy is probably not for you. *Village Voice* sex columnist Taormino, who has authored or edited a handful of guides on physical relationships (e.g., *The Ultimate Guide to Anal Sex For Women*), sheds light on the various types of open relations and shares tips on how these relationships can most successfully be maintained. Those put off by the book's premise shouldn't be: this is not so much an espousal of nonmonogamous relationships as it is a comprehensive guide to the phenomenon, offering numerous firsthand accounts from those involved in open relationships. With its modern twist on conventional relationships, her latest title would be best suited for contemporary nonfiction collections."---**Carolann Curry**, Mercer Univ. Medical Lib., Macon, GA -- *Library Journal*--July 2008

"Superbly informative, sympathetic and literate." -- **Dr. Gloria Brame**, author of *Different Loving*

"Taormino cuts through all the utopian theory and gets down to what people really need: the nuts and bolts of how open relationships work. I want to give *Opening Up* to everyone I know who asks, 'How do you *do* it?'" -- **Susie Bright**, author of *Best American Erotica Series*

"This is the book you want to read if you're looking for a voice that is balanced, sensitive and sensible when tackling the thorny question of sexual boundaries in love relationships. *Opening Up* is sure to open up your mind." -- **Esther Perel**, author of *Mating In Captivity: Unlocking Erotica Intelligence*

About the Author

Tristan Taormino is an award-winning author, columnist, editor, and sex educator. She is the author of *True Lust: Adventures in Sex, Porn and Perversion*, *Down and Dirty Sex Secrets*, *The Ultimate Guide to Anal Sex for Women* and editor of the Lambda Literary Award-winning anthology series *Best Lesbian Erotica*. Her popular *Village Voice* column "Pucker Up" is nationally syndicated. She runs her own adult film production company, Smart Ass Productions, and is currently an exclusive director for Vivid Entertainment. Tristan has been featured in over 250 publications including *The New York Times*, *Redbook*, *Cosmopolitan*, *Glamour*, *Entertainment Weekly*, *Details*, *New York Magazine*, *Men's Health*, and *Playboy*. She has appeared on HBO's *Real Sex*, *The Howard Stern Show*, *Loveline*, *Ricki Lake*, and on CNN, MTV, and The Discovery Channel. She lectures at top colleges and universities, where she speaks on gay and lesbian issues, sexuality and gender, alternative relationships, and feminism. She teaches sex and relationship workshops around the world.

Users Review

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Steven Whitney:

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Patricia Coulter:

In this period of time globalization it is important to someone to acquire information. The information will make you to definitely understand the condition of the world. The health of the world makes the information simpler to share. You can find a lot of personal references to get information example: internet, classifieds, book, and soon. You can see that now, a lot of publisher that will print many kinds of book. The particular book that recommended for your requirements is Opening Up: A Guide to Creating and Sustaining Open Relationships this book consist a lot of the information on the condition of this world now. That book was represented how does the world has grown up. The vocabulary styles that writer require to explain it is easy to understand. Often the writer made some research when he makes this book. Here is why this book acceptable all of you.

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