



Reclaim Your Family From Addiction: How Couples and Families Recover Love and Meaning

By Craig Nakken

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With histories, personal stories, and the latest research, this book helps readers chart their way out of addiction and back to the fullness of family by using principles that restore the "we" of lasting, loving relationships.

What happens to the "we" of a family when one member opts for the blind and single-minded "me" of addiction? In an instructive, reassuring way, Craig Nakken explains just how families and couples who have spent years building a life together can lose their cohesive identity and meaning in the wake of addiction. The perfect starting point in the healing process, this book Reclaim Your Family From Addiction--also reminds us that recovery is possible--for individuals, couples, and whole families--if only we know what to do. With histories, personal stories, and the latest research, the book helps readers chart their own way out of the hell of addiction and back to the fullness of family by using principles that restore the "we" of lasting, loving relationships. Craig Nakken, M.S.W., author of *The Addictive Personality* and *Men's Issues in Recovery*, lectures, trains, and specializes as a family therapist in the treatment of addiction. He lives in Minneapolis, Minnesota.

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Editorial Review

About the Author

Craig M. Nakken, MSW, CCDP, LCSW, LMFT, is an author, lecturer, trainer, and family therapist specializing in the treatment of addiction. With over twenty years of working experience in the areas of addiction and recovery, Nakken presently has a private therapy practice in St. Paul, Minnesota.

Users Review

From reader reviews:

Paul Weston:

Nowadays reading books become more and more than want or need but also work as a life style. This reading habit give you lot of advantages. Advantages you got of course the knowledge even the information inside the book that improve your knowledge and information. The information you get based on what kind of book you read, if you want attract knowledge just go with knowledge books but if you want experience happy read one using theme for entertaining for example comic or novel. The Reclaim Your Family From Addiction: How Couples and Families Recover Love and Meaning is kind of guide which is giving the reader unforeseen experience.

Catherine Ng:

Reading a guide tends to be new life style within this era globalization. With looking at you can get a lot of information which will give you benefit in your life. Together with book everyone in this world may share their idea. Guides can also inspire a lot of people. Many author can inspire their own reader with their story or even their experience. Not only the storyplot that share in the ebooks. But also they write about the ability about something that you need example of this. How to get the good score toefl, or how to teach your children, there are many kinds of book that you can get now. The authors on earth always try to improve their expertise in writing, they also doing some investigation before they write to their book. One of them is this Reclaim Your Family From Addiction: How Couples and Families Recover Love and Meaning.

Cecilia Moore:

Exactly why? Because this Reclaim Your Family From Addiction: How Couples and Families Recover Love and Meaning is an unordinary book that the inside of the publication waiting for you to snap this but latter it will distress you with the secret that inside. Reading this book close to it was fantastic author who else write the book in such awesome way makes the content inside of easier to understand, entertaining approach but still convey the meaning fully. So , it is good for you because of not hesitating having this any more or you going to regret it. This phenomenal book will give you a lot of benefits than the other book possess such as help improving your skill and your critical thinking method. So , still want to hesitate having that book? If I were being you I will go to the publication store hurriedly.

Annmarie Windham:

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