



# Religion 101: From Allah to Zen Buddhism, an Exploration of the Key People, Practices, and Beliefs that Have Shaped the Religions of the World (Adams 101)

*By Peter Archer*

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## Discover the origins and traditions of world religions!

With so many religions in the world, it isn't always easy to recall each faith's key influences, spiritual figures, and dogmas. Written in easy-to-understand language, *Religion 101* offers a fascinating--and memorable--glimpse at the sacred stories, traditions, and doctrines that have influenced today's most popular religions.

From Jesus and the Four Noble Truths to the Buddhist Wheel of Existence, this book provides you with thought-provoking insight into the customs and beliefs of common faiths like Christianity, Judaism, Buddhism, and Islam. Inside, you will also discover hundreds of important religious facts, illustrations, and thought puzzles that you won't be able to find anywhere else.

So whether you're looking to unravel the mysteries of existence and meaning, or just want to find out what Kabbalah is all about, *Religion 101* has all the answers--even the ones you didn't know you were looking for.

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About the Author

**Peter Archer** is the author of *The Quotable Intellectual* and *500 Foreign Words and Phrases You Should Know to Sound Smart*. He received an MA in history from the University of Toledo and an MLitt in medieval history from the University of St. Andrews, where he wrote his thesis on the writings of St. Bede. He also taught courses on history, humanities, and philosophy at Eastern New Mexico University.

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