



# Applying Theory to Generalist Social Work Practice

By Carol L. Langer, Cynthia Lietz

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**Applying Theory to Generalist Social Work Practice** By Carol L. Langer, Cynthia Lietz

## **The social worker's guide to integrating theory and practice**

*Applying Theory to Generalist Social Work Practice* teaches aspiring social workers how to apply theory in real world practice. Fully aligned with the Council on Social Work Education's 2015 Educational Policy and Accreditation Standards, the book links theory to practice with clear, concise instruction including a discussion of evidence-based practice. Twelve commonly-used theories are thoroughly explained, with discussion of the strengths and limitations of each, and applied to real work with individuals, groups, families, communities, and organizations. The book includes case studies and first-person contributions from practicing social workers to illustrate the real-world scenarios in which different concepts apply. Critical thinking questions help students strengthen their understanding of the ideas presented. Tools including a test bank, PowerPoint slides, and an instructor's manual are available to facilitate classroom use, providing a single-volume guide to the entire helping process, from engagement to termination.

Practice is a core foundational course for future social workers, but many practice texts focus on skills while neglecting the theoretical basis for social work. *Applying Theory to Generalist Social Work Practice* fills that gap by covering both skills and theory in a single text.

- Examines the applications of prevailing social theories
- Covers the most common theories used in micro, mezzo, and macro practice
- Helps readers understand well-established approaches like strengths perspective, humanistic and client-centered, task-centered, and solution-focused brief therapy
- Shows how to apply major theories including ecological/system, cognitive/behavioral, conflict, empowerment, narrative, crisis, critical, and feminist

An effective social worker recognizes the link between theory and practice, and how the two inform each other to culminate in the most effective intervention and most positive outcome for the client. *Applying Theory to Generalist Social*

*Work Practice* provides students with a roadmap to the full integration of philosophy and application in social work.

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## **Applying Theory to Generalist Social Work Practice By Carol L. Langer, Cynthia Lietz Bibliography**

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## **Editorial Review**

From the Back Cover

### **ESTABLISH AN EVIDENCE-BASED AWARENESS OF HOW THE MOST USEFUL THEORIES INFORM PRACTICE**

Responding with sensitivity to clients' individual situations requires an understanding of *why* we do the things we do in the helping professions. To this end, *Applying Theory to Generalist Social Work Practice* is a new kind of social work text. Instead of encouraging the rote memorization of processes and routines, this book encourages critical thinking: focusing on how the most common theoretical approaches can lead to better outcomes.

Accomplished social work educators Carol L. Langer and Cynthia Lietz, emphasize an evidence-based practice paradigm that is fully aligned with the Council on Social Work Education's 2015 Educational Policy and Accreditation Standards. Students will appreciate the real world accounts and illuminating case studies that bring essential theoretical orientations to life.

*Applying Theory to Generalist Social Work Practice* features:

- **Detailed examples from individual, family, group, and institutional social work practice**
- **Engaging first-person narratives written by accomplished social work practitioners**
- **Critical thinking and application questions to activate new knowledge**
- **Balanced accounts of the strengths and weaknesses of 12 major social work theories**
- **Thorough discussions of evidence-based practice throughout all chapters**

This book trains aspiring social workers to make best use of their knowledge in helping clients reach their destinations.

About the Author

**CAROL L. LANGER, PhD, MSW**, is Department Chair and Professor of Social Work at Colorado State University—Pueblo. In addition to teaching the undergraduate course Human Behavior and the Social Environment, she researches experiential learning and its role in erasing stereotypes and myths about diverse populations.

**CYNTHIA A. LIETZ, PhD, LCSW**, is associate professor and coordinator of the Tucson program at Arizona State University. She teaches social work practice courses in the undergraduate and graduate programs, along with conducting research into the strengths that families employ in dealing with high risk situations like trauma and loss.

## **Users Review**

**From reader reviews:**

**Jerry Sonnier:**

The book untitled Applying Theory to Generalist Social Work Practice is the guide that recommended to you to see. You can see the quality of the reserve content that will be shown to an individual. The language that author use to explained their way of doing something is easily to understand. The article author was did a lot of research when write the book, so the information that they share to you is absolutely accurate. You also can get the e-book of Applying Theory to Generalist Social Work Practice from the publisher to make you considerably more enjoy free time.

**Carla Heyward:**

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**Mary Wright:**

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