



Dravyaguna pour les Occidentaux: Phytothérapie Ayurvedique (French Edition)

By Vaidya Atreya Smith

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En Ayurvêda, la science médicale de phytothérapie s'appelle Dravya Guna Sastra ou "science des attributs des substances". Cette science est malheureusement restée inconnue de la grande majorité des Occidentaux à cause de son langage, de sa terminologie et de sa culture. Ce manuel lance un pont vers l'ancienne science de phytothérapie ayurvédique, pour les médecins, les phytothérapeutes, les praticiens ou les thérapeutes occidentaux. Cet ouvrage fait partie d'une série de trois manuels traitant des sujets essentiels de l'Ayurveda.

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Editorial Review

About the Author

Vaidya Atreya Smith est ne en Californie en 1956. Depuis 1987, il pratique les medecines alternatives dont l'Ayurveda, continue d'etudier, enseigne et forme des praticiens en Europe. Il a travaille avec des milliers de patients a travers le monde. En 2005, ses professeurs de Vanarasi (Inde) lui ont decerne le titre de Vaidya ou docteur, etymologiquement : « qui connait l'ayurveda ». Diplome en Ayurveda aux Etats-Unis et en Inde, Atreya enseigne les cours a l'European Institute of Vedic Studies qu'il a fonde en 1998 en Suisse. Il est licencié en Biologie depuis 2003. Il est herboriste professionnel et membre de plusieurs organisations. Il est l'auteur de six livres sur l'Ayurveda publies a travers le monde. Il a aussi ecrit trois manuels de cours pour les ecoles d'Ayurveda qui sont publies en quatre langues.

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