



Principles of Medicine in Africa

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Principles of Medicine in Africa combines classical clinical medicine with a rich understanding of the major environmental and cultural influences on health and disease, providing comprehensive guidance for anyone intending to practise medicine in Africa. Disease is presented in the context of family and culture, and the effects of inequality and problems of limited resources are addressed. The authors have a wealth of experience in front line healthcare and provide practical, evidence-based management guidelines for all the common and less common conditions likely to be encountered. This fourth edition has been thoroughly updated to incorporate the latest research findings and management guidelines. It includes an expanded section on maternal and child health, but careful editing has generated a slimmer volume, whilst retaining all of the essential content. This is the one essential text for medical students and healthcare professionals wanting a complete and up-to-date reference book on medicine in Africa.

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Editorial Review

Review

"Unlike most conventional textbooks that take either a systemic or syndromic approach, this book provides a synthesis to address the major health concerns facing Africa's inhabitants ... The book's contributors all write with an African audience in mind: management guidelines are pertinent and in keeping with the realities for physicians who practise in Africa - with material, financial, and workforce constraints ... Principles of Medicine in Africa should not only appeal to physicians practising in Africa but also to anyone who has an interest in the practice of medicine in a challenging, resource-constrained environment."

The Lancet

About the Author

David Mabey is Professor of Communicable Diseases at the London School of Hygiene and Tropical Medicine. He worked for eight years at the Medical Research Council Laboratories in Gambia, where he was in charge of clinical services.

Geoffrey Gill is Professor of International Medicine at the Liverpool School of Tropical Medicine. He has worked extensively in Africa (Zambia, Ethiopia and South Africa) and has published widely on chronic disease care in the tropics.

Sir Eldryd Parry has unrivalled experience of medicine in Africa, having been Professor of Medicine in Ghana, Ethiopia and Nigeria. He founded the Tropical Health Education Trust (THET) and, in 2011, was knighted for services to healthcare development in Africa.

Martin Weber is a paediatrician working for the World Health Organization. He worked as a research clinician at the MRC Laboratories in Gambia for six years and has played a key role in the development and evaluation of treatment guidelines for children.

Christopher Whitty is Professor of International Health at the London School of Hygiene and Tropical Medicine. He has worked as a clinician in Malawi and has led clinical research projects in Tanzania, Ghana and Uganda.

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