



The Lotus and the Lily: Access the Wisdom of Buddha and Jesus to Nourish Your Beautiful, Abundant Life

By Janet Conner

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The Lotus and the Lily: Access the Wisdom of Buddha and Jesus to Nourish Your Beautiful, Abundant Life By Janet Conner

From the bestselling author of *Writing Down Your Soul* comes a new book based on the teachings of Jesus and Buddha about how to create an abundant life by focusing your attention on your connection with the vibrant presence of the divine within. *The Lotus and the Lily* offers a new 30-day program for accessing your true creativity, breakthrough thinking, and divine guidance. Janet Conner continues her unique method of deep soul writing by showing readers how to exit their conscious minds, get in touch with their authentic selves, and activate the voice of wisdom within.

The Lotus and the Lily reveals:

- The cosmic power of the intention mandala to reveal the life you want
- Soul Slinky waves of intention and gratitude
- Awaken your inner shaman
- Discover the power of naming your past and your future
- How to experience the generative power of your own voice.

Each day includes prompts for reading, reflection, writing, exploring, and nourishing one's soul writing. Each week Janet Conner takes the reader through a program of rich exploration.

For those seeking the riches that lie beyond the popular explanation of the Law of Attraction, *The Lotus and the Lily* cracks the abundance code by linking the wisdom of the inner voice with the surprising parallel teachings of Buddha and Jesus. In a profound yet simple program, Conner sheds radical new light on the "Great Paradox of Prosperity" and redirects readers from asking for things to creating the receptive conditions that nourish a bountiful life.

Feeding the spiritual hunger for transformative living, Janet Conner teaches us how to hear the spiritual masters with fresh ears, explore the deep intelligence of our own soul, create brand new prosperity practices, and integrate those practices into our daily lives.

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Editorial Review

Review

"I believe there is no important work we do than culturing our inner knowing. As a lifetime journal keeper, I have chosen Janet Conner to be my most trusted guide on my interior journey. Revealing secret paths and signposts, she illuminates our deepest and most fulfilling ways of being and becoming. Through *The Lotus and The Lily* I learned to plant the seeds of my intention for a beautiful life in the fields of my Soul. A bountiful harvest awaits all who journey within." --**Diana von Welanetz Wentworth**, founder of The Inside Edge motivational breakfast forum (www.InsideEdge.org), and author of nine bestselling and award-winning books including two titles in the bestselling Chicken Soup for the Soul series

"In this deeply nourishing 30-day program, Janet Conner weaves a magic carpet of the combined paradoxical wisdom of Buddha and Jesus and carries us into transcendent creativity. *The Lotus and The Lily* is a joy ride!" --**Ted Wentworth**, author of *The Enlightenment Code*, and Editor-in-Chief of Enlightenment Lifestyle Magazine (www.EnlightenmentLifestyleMagazine.com)

"*The Lotus and The Lily* is simply divine. In it, Janet Conner takes us far beyond the Law of Attraction. Through her deeply transformative process, we learn to prepare ourselves for the life of our dreams. After participating in Janet's program, I experienced a shift in focus--from wants and worries--to creating the conditions for my life to flourish. This shift made all the difference." --**Laura Harvey**, editor of *Daily Word*

"The principles that Janet Conner guides the reader to discover become the essential elements of a dynamic spiritual practice. These principles transcend denomination and dogma. They are practical, universal and impacting." --**Mary Anne Radmacher**, artist and author *Live with Intention* and *Lean Forward into Your Life*

"*The Lotus and the Lily* is an invitation to experience more of everything that life has to offer. Wise, warm, and friendly, this is an essential guide to living the adventure of your soul." --**Joel Fotinos**, author of *Think and Grow Rich Every Day*

"Jesus said we could create heaven on earth. The Buddha said we could create the conditions for manifestation. Janet Conner tells us how. Her 30-day program is spiritual yet imminently practical, deeply serious yet lots of fun. This is a step-by-step guide to expressing our own divinity." --**Ellen Debenport**, author of *The Five Principles*

"Janet Conner has her priorities straight. And because she does, she's written a poetically precise guide to how we can all grow beyond 'What's in it for me?' to 'Just how do I seek first the kingdom?' Do what she says and you'll know what it means to have 'all these things' added to your very blessed life." --**Victoria Moran, HHC, AADA**, author of *Creating a Charmed Life and Main Street Vegan*

"Janet Connor has taken her readers from *Writing Down Your Soul* to fully aligning with the pure intentions of our purpose on earth. Janet's book *The Lotus and the Lily* lifts, lightens and leads the dedicated truth student to understanding true prosperity. Lasting prosperity is when the lower earth chakras are balanced and the heart chakra is open to allow the upper chakras of heaven to be revealed. The 'I AM' expression along with the gift of inner seeing leads the readers to a new way of existence--a life free of wanting and a joyful life of always having." --**Rev. Temple Hayes**, Senior Minister of Unity Campus, St Petersburg, FL and

author of *How to Speak Unity* and *The Right to Be You*

"*The Lotus and the Lily* is a healthy corrective for the ego-driven, materialistic interpretation of spirituality that is epidemic in our culture. Spirituality is not about getting your stuff. It is about developing a closer relationship with the Transcendent, however named, as Janet Conner makes clear." -**Larry Dossey, MD**, author of *Healing Words* and *The Power of Premonitions*

"Janet Conner has emerged as a vibrant and innovative spiritual teacher. In her new book, *The Lotus and the Lily*, Janet unlocks vital secrets to manifestation. She has created a process that helps people create their relationship to the divine and set the stage to receive what we desire in alignment with our highest good. She teaches a myriad of techniques, including an unusual way to use the mandala. A born teacher, Janet's fascination for spiritual connection and learning guides her to take complex spiritual principles and turn them into step-by-step practices and processes that will transform your relationship to giving and receiving. Her wisdom is vast and she will be a beacon in the field for years to come. My mandala reminds me daily of staying connected to my trusted source and keeps me centered on the importance of creating a receptive context. Janet has a key piece of the spiritual puzzle--this book will move you way ahead on your spiritual journey." -**Gail McMeekin**, author of *The 12 Secrets of Highly Successful Women* and *The 12 Secrets of Highly Creative Women*

About the Author

Janet Conner is a vibrant writer, speaker, and teacher who became a catalyst for deep soul change after a series of personal traumas. Her landmark book, *Writing Down Your Soul* (Conari 2009), connects readers to their "extraordinary voice within" and is consistently the #1 book in its category on Amazon.

Janet's newest book, *The Lotus and the Lily*, cracks the abundance code by linking the wisdom of the inner voice with the surprising parallel teachings of Buddha and Jesus. In a profound yet simple 30-day program, Janet sheds radical new light on the "Great Paradox of Prosperity" and guides readers to create the personal receptive conditions that nourish a bountiful life.

Janet and her work have been featured in national media including *Martha Stewart's Whole Living*, *Daily Word*, *Daily Om*, *Beliefnet.com*, and more. Janet speaks nationally at conferences, churches, book events, and retreats and teaches a series of telecourses with thousands of students worldwide. With her signature teaching of "Your Soul Wants Five Things," Janet is fast becoming a major voice for spiritual growth and understanding in our time.

Users Review

From reader reviews:

Ryan Neal:

Why don't make it to become your habit? Right now, try to ready your time to do the important behave, like looking for your favorite e-book and reading a guide. Beside you can solve your short lived problem; you can add your knowledge by the publication entitled *The Lotus and the Lily: Access the Wisdom of Buddha and Jesus to Nourish Your Beautiful, Abundant Life*. Try to make the book *The Lotus and the Lily: Access the Wisdom of Buddha and Jesus to Nourish Your Beautiful, Abundant Life* as your good friend. It means that it can being your friend when you experience alone and beside associated with course make you smarter than before. Yeah, it is very fortunated for you personally. The book makes you much more confidence because you can know anything by the book. So , let us make new experience and also knowledge with this

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Allison Devore:

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