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This well written and well-organized guide was developed from the vast experience of a nationally recognized retired school principal and school consultant (Jim Sporleder) and a nationally recognized trauma expert (Heather T. Forbes, LCSW). The combined work of these two authors is a winning combination that will equip and empower you to become a trailblazer in the area of trauma-informed education.

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*The Trauma-Informed School* is an all-inclusive guide designed to give school administrators of any school (elementary, middle or high school), step-by-step instructions of how to turn a school of any size into a trauma-informed school. With over 250 pages of content, this guide gives you the protocols you need along with a link to download all the documents needed for a successful implementation.

This well written and well-organized guide was developed from the vast experience of a nationally recognized retired school principal and school consultant (Jim Sporleder) and a nationally recognized trauma expert (Heather T. Forbes, LCSW). The combined work of these two authors is a winning combination that will equip and empower you to become a trailblazer in the area of trauma-informed education.

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### **Editorial Review**

#### **Review**

With *The Trauma-Informed School*, Jim Sporleder and Heather Forbes have written a practical, hands-on guide that is an invaluable resource for our teachers and educational support professionals. The Illinois Education Association offers sincere thanks to the authors for assisting us as we move forward in our commitment to helping our students overcome ACEs and the other obstacles that impede learning and student success. --Audrey Soglin, Executive Director Illinois Education Association

Trauma-informed practices, as presented in this comprehensive guide, have led to a major paradigm shift here in our Menominee Nation. Implementing these strategies have helped our school district and tribal community educate the whole child which should be a moral imperative for all schools in our country. --Wendell Waukau (member of the Menominee Nation), Superintendent Menominee Indian School District (MISD)

A powerful tool for school administrators! I have attended trauma-informed conferences all around the country and I have heard administrators clamoring for more strategies. This guide delivers! It is packed with easy to follow, step-by-step instructions and engaging real life stories of implementation. Exceptional content! --Rick Griffin, Executive Director Jubilee Leadership Academy

#### **About the Author**

##### **Jim Sporleder**

Jim Sporleder retired in 2014 as Principal of Lincoln High School in Walla Walla, WA. Under Jim's leadership, Lincoln High School became a Trauma Informed school, gaining national attention due to a dramatic drop in out-of-school suspensions, increased graduation rates and the number of students going on to post-secondary education. These dramatic changes at Lincoln caught the attention of Jamie Redford, who spent a year filming the documentary, *Paper Tigers*, which tells the Lincoln story. The documentary was released at the May 2015 Seattle International Film Festival. Ever since this premiere showing, it has received rave reviews and is being shown to overflow audiences around the country. Jim is currently working as a trauma-informed coach/consultant as well as a trainer with the Children's Resilience Initiative based in Walla Walla, Washington. His travels as a consultant, keynote speaker, presenter and trainer have taken him all over the United States. Jim is married, has three daughters and five granddaughters. In his spare time, Jim enjoys fishing, hunting, but most of all, spending time with family.

##### **Heather T. Forbes, LCSW**

Heather T. Forbes, LCSW, is the co-founder and owner of the Beyond Consequences Institute in Boulder, Colorado. Forbes has worked in the field of trauma and healing since 1999. She is an internationally published author on the topics of raising children with difficult and severe behaviors, the impact of trauma on the developing child, adoptive motherhood, and self-development. Coming from a family of educators, Forbes has a heart for children in the classroom and for finding ways to teach the child who seems unteachable. Her signature style is to bridge the gap between scientific research and real-life application to equip parents, educators, and therapists with practical and effective tools. Much of her experience and insight on understanding trauma, disruptive behaviors, and adoption-related issues comes from her direct mothering experience of her two adopted children and through her close mentorship of a young adult who suffered fourteen years of severe early childhood trauma.

## **Users Review**

### **From reader reviews:**

#### **Norma Harrell:**

The book untitled The Trauma-Informed School: A Step-by-Step Implementation Guide for Administrators and School Personnel contain a lot of information on the item. The writer explains her idea with easy means. The language is very easy to understand all the people, so do not really worry, you can easy to read the idea. The book was compiled by famous author. The author will bring you in the new era of literary works. It is possible to read this book because you can please read on your smart phone, or gadget, so you can read the book in anywhere and anytime. If you want to buy the e-book, you can open their official web-site in addition to order it. Have a nice learn.

#### **Linda Matthews:**

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